



Lifewave

at a
glance

An Authoritative Guide
Produced by
The Lifewave Organisation 

WELCOME TO LIFEWAVE

Lifewave is the greatest challenge and most exciting adventure that can be taken up today. It gives the ability to attain the ultimate state of human evolution, a state of sublime peace and freedom. It is a practical journey of self-discovery that leads to complete fulfilment and real happiness.

This exceptional opportunity is now available because of the power of Ishvara, a unique Teacher whose personal history is an unparalleled record of single-minded dedication to the very highest achievements of spirituality. Ishvara is alive now, teaching the people of today the method through which they too may know the supreme state of Enlightenment. This is a method that really does work, for there are already many fully Enlightened Adepts who have reached the highest goal. To meet an Adept is a rare and exciting event, one that brings great good fortune, and yet this is now possible for all those who sincerely want to find out more.

The standards, although high, are within the reach of anyone who has a real desire to spiritually elevate themselves. Important qualities such as optimism, love, perseverance, charity and courage are already present within each person, and through Lifewave meditation, these can all be developed to their fullest extent.

The next few pages will illustrate the unique qualities of the Lifewave Organisation and its teachings, and all those interested are encouraged to discover for themselves the intrinsic beauty of this wonderful Path.

INITIATION – THE DOORWAY TO ENLIGHTENMENT

The beginning of this magnificent voyage of self-exploration is the initiation given to the individual by an Adept. This initiation is the revelation of the Lifewave, the energy that drives, nourishes and vitalises the entire universe. Like the thread that supports the beads of a necklace, the Lifewave is the hidden but essential link that supports all of creation. The Lifewave is perceived as a limitless sea of resonating light and heard as an eternal vibrant melody of sound. This divine revelation gives indisputable proof that man is much, much more than simply body and mind, and we would like to stress that this revelation is neither a philosophy nor a belief, since the revelation of the Lifewave is an **ABSOLUTE FACT** that is witnessed directly by the soul.



“Of more value than all the jewels in the world, is the great jewel of initiation”

Adara Samajna.



Meditation on the Lifewave leads the individual to the knowledge of the fundamental unity which encompasses all life. The initiate's awareness is expanded far beyond his sensual or mental range of perception, bringing forth fresh realisations and giving answers to the deepest questions of life.

WHAT ARE THE BENEFITS OF LIFEWAVE MEDITATION

Contact with the Lifewave is the key that unlocks the majestic stillness of pure being. The beautiful harmony of the Lifewave provides an unshakeable basis for a natural, enjoyable way of life, giving us purpose, security and stability. The perspective obtained from these greater states of awareness, allows understanding and real control of our lives, so giving us the ability to develop and express our true capabilities.



Lifewave meditation elevates us to a position of insight and positivity, offering joy, happiness, love and creativity. Finding the unchanging centre of all activity gives harmony and relaxation, while the continual increase in concentration is the key to effective living. As more and more individuals discover their underlying bond with all humanity and nature, a lasting brotherhood of mankind will emerge and create the opportunity for world peace.



WHAT IS THE LIFEWAVE ORGANISATION?

To disseminate the teachings of Ishvara and the Adepts, the Lifewave Organisation has been formed as an international non-profit making body. It has been in existence for some seven years, and has grown so rapidly that it now has many members throughout the world.

The essential purpose of the Organisation is to encourage a natural understanding of man's place in creation by providing a structure through which spiritual teachings may be given. To this end, introductory talks and workshops are now held in many centres, both at home and abroad. Further to this, courses are run on different philosophies and ancient wisdoms, and advice is given on health and general well-being. Also a number of clinics have been established throughout England which incorporate many natural forms of healing; eg homoeopathy, herbalism, acupuncture, etc. The Lifewave Organisation is also involved in various charitable activities and a list of many of Lifewave's activities during 1983 is included in the pages that follow, together with a couple of articles that were first printed in Lifewave's own newspaper, 'Lifewave News'.

In short, we seek to develop the whole person, and have a deep and practical interest in the well-being of the communities around us and humanity as a whole.

WILL THE WORLD SURVIVE? WHAT WE NEED IS LOVE SAY THE PEOPLE

Lifewave has conducted a survey with a difference among members of the public in Britain. We wanted to know how ordinary people felt about matters of real importance to the world.

The results of our poll of 1,800 people conducted at random throughout the country are stark – but also heartening.

When asked how the world would be by the end of the century four out of ten felt it would be in one way or another a worse place to live; one in ten said it wouldn't exist.

On the use of nuclear weapons two thirds said they should never be used and virtually all the others spoken to felt they should be used only in the last instant as a deterrent.

When asked what was most lacking in the world today people's answers varied in type but not in conclusion: nearly all thought the biggest need was for compassion, love, tolerance, fairness and understanding.

One in four thought that a World Teacher could appear on earth today. Taken on a world scale this would represent 1000,000,000 people.

A third of those quizzed believe in reincarnation. One in eight had heard of Lifewave or Ishvara.

Lifewave News Spring '84

LIFEWAVE U.K. 1983 – A SUMMARY OF EVENTS

TV and Radio

- ★ Russell Harty Show – September – three members discuss past lives with Shirley MacLaine
- ★ TVS – Southampton – feature on Lifewave
- ★ Radio Ayr, Leeds – two hour long phone-ins and interviews
- ★ Radio 2CR, Bournemouth – hour long phone-in and interview
- ★ Radio Solent, Southampton – interview

Press

- ★ Numerous releases
- ★ Lifewave News launched

Festivals Organised by Lifewave

- ★ Chester Natural Living Festival – 2 day event, 60 stalls, attendance 2500
- ★ Wolverhampton Natural Living Day
- ★ Bristol Lifewave Day
- ★ Many other day long events

Festivals Participated in by Lifewave

- ★ London – Mind, Body and Spirit
- ★ Liverpool – New Age Festival
- ★ Southampton – Natural Living Festival

New Alternative Health Centres Established

Fareham, Havant, Midhurst, Winchester, Bournemouth, Chichester, Worthing, Chester, Leeds

Lectures and Workshops Run Across the Country

Lifewave: A Revolution in Human Consciousness

Enlightenment: Proof at Last

Diet and Nutrition in a Changing World

Alternative Medicines and Natural Living: (Homeopathy, Herbalism, Acupuncture, Reflexology, Posture, Hypnotism)

Natural Living

Coping with Stress

Philosophy

Power of Colour

Secrets of the Tarot

Mystery of the Tao: Yin and Yang

Science of the Aura and Man's Evolution

Vegetarian Taste-in

7 Good Reasons to be a Vegetarian

Reincarnation

Spirituality and Morality

Yoga

Love, Action, Knowledge

Positive Thinking

Massage

Karma

Prophecies and Predictions

What is Freedom?

I-Ching

Body Language

Astrology

Oriental Diagnosis

The American Indian

The Seven Rays

The Chakras

Kundalini

The Science of the Soul

Ishvara the Messiah: Lifewave the Proof

40 Enlightened Adepts

National Centre: 22 Vasalli House, Centre Road, Leeds 1: Telephone (0532) 468326



Where would you go to find a Kung Fu demonstration under the same roof as a lecture on hypnotism, a computer producing biorythm charts, a wholefood snack bar and a bunch of clowns ...?

The answer is the Lifewave Natural Living Festival in Chester. The weekend at the Northgate Arena comprising demonstrations, stalls, lectures and entertainments was enjoyed by some 2,500 people from all over England and Wales.

An increasing public interest in alternative medicine was reflected at the festival with stalls and lectures covering homoeopathy, acupuncture, hypnotism and herbalism. There were qualified practitioners on hand to answer queries about these ancient but often mysterious sciences.

There were demonstrations of yoga, aikido and popmobility, a discussion on the philosophy of the martial arts, exhibitions of arts and crafts, futuristic furniture and natural beauty, tarot readers, palmists, hunt sabateurs, astrologers, you name it

Lifewave can add Chester to a growing list of major festivals which it has successfully organised – notably in Brighton and Southampton – and plans are now well under way for a similar jamboree to be staged in Leeds on the 1st and 2nd of September. Book now!

Chester Festival Review – Lifewave News

WHAT LIFESTYLE DO MEMBERS FOLLOW?

In a day to day sense, we practice a caring, humane and wise lifestyle. We are vegetarian and avoid the use of drugs, alcohol and tobacco. Our members come from a wide variety of backgrounds, but each must be adult before they can join us.

Lifewave attracts people of all ages, including old age pensioners. There are entire families meditating on the Lifewave. In some cases, parents have brought their children along, whilst in others, children have brought their parents. Where children have come by themselves many parents have openly expressed support for what Lifewave is doing.

Mrs Mollie Palmer said her son Adrian, 30, was in many ways closer to her now. 'I know a lot of youngsters who have gone along. I've met some and had them to stay. I have found them all absolutely delightful.' She added that her son had better health and more confidence since he had joined the group.

Mrs Kathleen Lovett says that Lifewave has done her 24 year old son Nick 'nothing but good'. She said 'it's made him more independent. He has learned to stand on his own two feet, and fend for himself. He has more confidence'.

While Mr Emery says about his daughter, Gerry, 'She is just as much our daughter as she ever was We did meet people from Lifewave on a couple of occasions, and you couldn't hope to find nicer people'.

Whatever the situation, all members are encouraged to follow useful roles in society. The members of Lifewave include a wide cross-section of society; including qualified medical practitioners, scientists, solicitors, businessmen, housewives, students and manual workers.

Because these teachings are concerned with demonstrating the common origins of all men, the benefits they bring to both individuals and to society are manifold. We are well aware that the nature of modern society makes people sceptical about anything that claims to improve the spiritual aspect of man's existence, but for this reason we very much encourage people to come and see for themselves what Lifewave has to offer.